

# School Nutrition

Bruceville-Eddy ISD is committed to providing students with healthy school meals. Menus are planned using National Lunch Program guidelines for a traditional meal pattern and according to the USDA Healthy School meal guidelines. Menus are planned to provide a variety of nourishing items with consideration of the guidelines and today's children's preferences.

## MEAL PRICES

**School breakfast and lunch, good for you and good for your wallet....**As the cost of everything increases – there are meals that are still a great value: both nutritionally and economically! School meals are still an incredible bargain at the following prices:

All student breakfast	\$2.00
EC-8 <sup>th</sup> Lunch	\$3.00
9 <sup>th</sup> 12 <sup>th</sup> Lunch	\$3.25
Adult breakfast	\$2.50
Adult lunch	\$4.00

Lunch consists of an entrée, two selections of vegetables, choice of fruit, bread, which may be part of the entrée or separate and choice of milk. Students may take all 5 components or a choice of three for a full meal. **However, one of the choices must be a fruit or vegetable per USDA.**

We also offer ala carte items priced \$0.25 to \$2.50(**Student may not charge these items**) such as entrée only, vegetable/fruit only, milk, water, sports drinks, baked chips, ice cream, low-fat chocolate chip/sugar cookies, rice crispy treats and beef sticks. An 'ala carte' item is anything other than, or exceeding the five meal components.

## HOW DO I PURCHASE MEALS FOR MY CHILD?

The cafeterias operate on a computerized accounting system. Each student has an account consisting of money deposited in the account. To deposit money into the account:

- 1) Send a check made payable to BEISD Child Nutrition or
- 2) Go online to the district website ([www.beisd.net](http://www.beisd.net)) (bottom of page) to make credit or debit card, or eCheck payment to account using **MySchoolBucks.com**,

located at the bottom of the webpage. **MySchoolBucks.com charges a transaction fee of \$1.95 for this service.**

The parent will receive a statement when the student reaches a negative value or may elect to receive low balance email if registered for online payment. **It is important to monitor the account balance to prevent having a negative balance. It is school policy to offer a sandwich and milk to the student when the account balance is in deficit by more than: EC-8th-\$13.75 9th-12th-\$15.00 (full pay) & EC-12<sup>th</sup> - \$3.50 (reduced pay).**

**Charging is allowed for reimbursable meals only. Student may not charge ala carte items, extra entrees, etc. No Charges allowed after May 1, 2018**

To purchase the meals, the student enters their confidential pin number (student ID) into the key pad and the cashier will enter their purchases into the system. We highly recommend that parents periodically request a printout of the student's account or go online to print review of purchases and discuss appropriate food choices with the student.

## **CONTACT INFORMATION**

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